Multivitamin



For Everyday Good Health* With Minerals & Herbs

Dietary Supplement

90 TABLETS

Multivitamin Complex provides 22 essential vitamins and minerals. It and beta carotene, plus B-vitamins and adults should take a multivitamin daily DIRECTIONS: Take one tablet three times

TRUCCIONES: Tomar una tableta tres For Best Results: Combine with ShapeWorks* Formulas 1 and 3: Nutritional Shake Mix and

a 30-day money-back guarantee to exclusively formulated product is only available Polyoids® is a registered trademark of Triarco

Serving Size: 1 Tablet Servings Per Container: 90

п	Amount Per Serving % DV**			Amount Per Serv	ing % DV	
	Vitamin A	1666 IU	33%	Zinc (as zinc gluconate) 5	mg 339	
S	(50% as retinyl acetate and 50% as beta ca	arotene)		Selenium (as selenomethionine) 17	mcq 249	
	Vitamin C (as ascorbic acid)	50 mg	83%	Copper (as copper gluconate) 0.5	mg 259	
•	Vitamin D (as cholecalciferol)	133 IU	33%	Manganese (as manganese gluconate) 1.7	mg 859	
м	Vitamin E (as dl-alpha tocopheryl acetate)	10 IU	33%	Chromium (as chromium GTF, polynicotinate and picolinate) 33	mcg 289	
	Thiamin (as thiamine hydrochloride)	6.7 mg	447%	Potassium (as potassium gluconate and glycerophosphate) 30	mg <19	
	Riboflavin	8.3 mg	488%	Vanadium (as vanadium amino acid chelate) 2	mcg	
	Niacin (as niacinamide)	33.3 mg	166%		mg	
	Vitamin B6 (as pyridoxine hydrochloride	10 mg	500%	Choline Bitartrate, Inositol, Bee Pollen, Broccoli, Cabbage	, Carrot,	
	and pyridoxal-5-phosphate)			Cauliflower, Citrus Bioflavonoids, Garlic, Licorice (Root), I	imonene,	
	Folate (as folic acid)	133 mcg	33%	Polyoids®, Spinach, and Vegetase.		
╗	Vitamin B12 (as cyanocobalamin)	2 mcg	33%	** Percent Daily Values (DV) are based on a 2,000 calor	ie diet	
of .	Biotin	100 mcg	33%	Daily Value (DV) not established. OTHER INGREDIENTS: Stearic Acid, Silicon Dioxide, Croscarmello		
	Pantothenic Acid (as d-calcium pantothenate)	6.7 mg	67%			
	Calcium (as calcium carbonate)	167 mg	17%	Sodium, Acacia, Microcrystalline Cellulose, Magnesiu		
	Iron (as ferrous fumarate)	2 mg	11%	Betaine Hydrochloride, Dextrin, Para Amino Benzoic A		
	lodine (as potassium iodide)	50 mcg	33%	Dextrose, Soy Lecithin, Sodium Carboxymethyl Cellulo	se, Shellac	
ß.	Magnesium (as magnesium oxide)	66.7 mg	17%	Ethyl Cellulose and Sodium Citrate.		

JV	Amount Per	Serving	76 DV
33%	Zinc (as zinc gluconate)	5 mg	33%
	Selenium (as selenomethionine)	17 mcg	24%
83%	Copper (as copper gluconate)	0.5 mg	25%
33%	Manganese (as manganese gluconate)	1.7 mg	85%
33%	Chromium (as chromium GTF, polynicotinate and picolinate)	33 mcg	28%
47%	Potassium (as potassium gluconate and glycerophosphate	e) 30 mg	<1%
88%	Vanadium (as vanadium amino acid chelate)	2 mcg	1
66%	Herbal Blend	16 mg	1
00%	Choline Bitartrate, Inositol, Bee Pollen, Broccoli, Cat	bbage, Car	rrot,

Amount Dox Cosulna IV DU**

HERBALIFE INTERNATIONAL OF AMERICA, INC., Los Angeles, CA 90080-0210, U.S.A. MADE IN CHINA ©2005 HERBALIFE®