

# Stories to Inspire

I now have a body that I am proud of!

Rocco Iacovacci

**"I hated diets, I had tried lots and never found one that succeeded in keeping my weight down. They all made me hungry and frustrated at having to give up my favourite foods, however, I did want to lose weight."**

**"A weight control programme with a difference..."**

"A friend invited me to his house, for a presentation on Herbalife products from two of his friends that were Herbalife Distributors. It was an excellent presentation, they told us about the history of Herbalife, shared success stories with us and introduced us to each of the products. I was really impressed, I liked the sound of a Weight Management Programme which explained to me how to eat correctly and supplement my diet with healthy shakes. It made me look at how I lived my life and the need to make changes for the better. I tried a strawberry shake and thought it was delicious and decided I would give the products a go. I don't go into things by half so I bought the full range of weight management and nutritional products and thought to myself, if I don't try it I'll never know!"

**"Everyone wanted to know my secret!"**

"I started using the products in September 2001 and set myself a weight loss goal; what I really wanted was to get my shape back, I hadn't really had a 'figure' for many years. I found the programme easy to follow and started losing weight quite quickly.

Friends and relatives were amazed at how well I looked and many of them started to use Herbalife products too! I reached my target weight within four months using the Herbalife Weight Management Programme. I now weigh 70kg and I feel great."



Now  
weighing  
only  
70kg!

"I look in the mirror  
and I like the person  
who's looking back  
at me!"



**"I'm fun to be around, I love my life"**

"My children all tell me that I am great fun to be around and that I smile so much more than I used to and it's true, I feel so happy. I look in a mirror and I like the person who's looking back at me! My attitude to life has changed and this is all thanks to Herbalife."



Order Herbalife Formula 1 Drink Mix Meal Replacement for Weight Control from your Distributor NOW!

Available in four delicious flavours:

Vanilla #0141

Chocolate #0142

Strawberry #0143

Tropical Fruit #0144

**Ask your Distributor for more product sheets and collect the set!**

**Independent Herbalife Distributor**

Herbalife is a global leader with 22 years of experience in the weight management and nutrition industry, offering a range of products that support a healthy lifestyle.

 **HERBALIFE.**