

INTRODUCING HERBALIFE24



REBUILD STRENGTH

SUSTAINED MUSCLE BUILDING AND RECOVERY

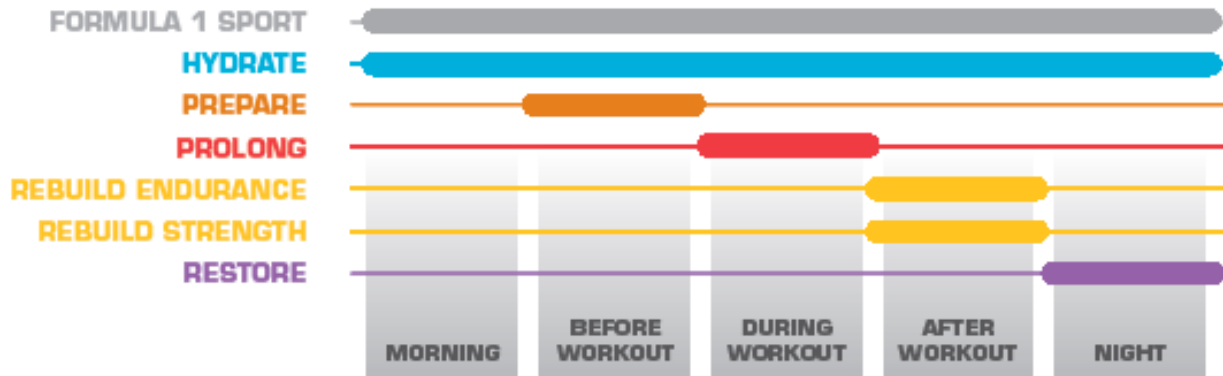


24-Hour Nutrition Line



Nutrition extends beyond “pre, during and post” workout

HERBALIFE24 PRODUCT LINE



Customisable Product Line

Product Use Guide by activity



Bars indicate the relative need for each product – from low to high – depending on your activity, training, performance and recovery

ENHANCE SUSTAINED MUSCLE BUILDING AND RECOVERY



Target user:

- All athletes after resistance or anaerobic training
- Anyone: protein-rich snack / supplement

Key Features: - Includes 25g per serve of high quality dairy protein, plus branched chain amino acids (BCAAs)

- Iron to enhance red blood cell formation and oxygen delivery to all the tissues
- BCAAs to support muscle synthesis and recovery after exercise, to help you to recover faster
- High in protein and specially blended with carbohydrate to deliver amino acids to fatigued muscle post anaerobic exercise

Usage scenarios

- Anyone who lifts weights at the gym
- CrossFit athlete after a workout
- Football player looking to build lean muscle
- Anyone who needs high protein

Protein and Carbohydrates

Rebuild Strength provides:

- 25 g dairy protein
- Carbohydrate blend of: fructose, sucrose and maltodextrin

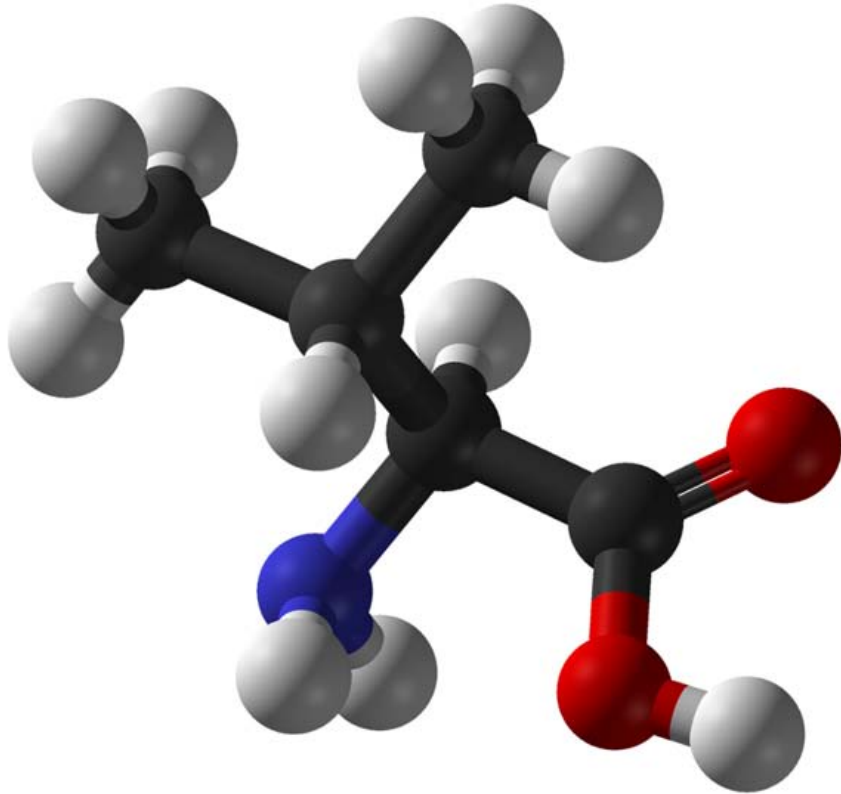
Rapid and sustained release carbohydrates facilitate protein utilisation to rebuild muscle

Why you need it:

Protein and carbohydrate are needed for muscle growth



Did You Know?



Branched-chain amino acids (BCAAs) are named for their unique, branch-like structure



They are essential, and must be consumed in the diet

Branched-Chain Amino Acids Support Muscle Growth

Rebuild Strength provides:

4300 mg of BCAAs:

L-Leucine

L-Valine

L-Isoleucine

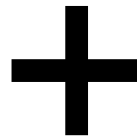
Why you need it:

- Amino acids are the building blocks of muscle
- Help support rapid muscle growth



Powder Mix

- Easily mixable powder
- **Chocolate flavour, naturally sweetened**
- No artificial colours, flavours or sweeteners



Water

Rebuild Strength: High-Quality Protein for Lean Body Mass

- 188 kcals
- 25 g of protein
- Mix with water
- No artificial colours, flavours or sweeteners.



Being an Athlete is a Lifestyle

Herbalife24 is a comprehensive nutrition line to meet the needs of an athlete 24-hours a day

