

# Free

from soy, lactose and gluten

## Proven effective with scientific studies\*

Now you can get all the benefits of the original F1 shake, made free from soy, lactose and gluten.

That's the goodness of 22 vitamins and minerals, fibre, high quality pea protein and plant-based carbohydrates which help you feel fuller for longer and sustain your energy levels.

With pea protein, blueberry and pomegranate!

## ORDER YOURS TODAY!

\*Scientific studies have shown that daily use of meal replacement shakes, such as Formula 1, is proven effective for managing your weight, along with moderate exercise.

Get more information on Herbalife scientific studies at:  
<http://www.herbalifescience.com/research>



Get the nutrients you need – made free from soy, lactose and gluten.

